

Artist • Leader • Speaker

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STORRY.





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STORRY's powerful speech on redefining power and resilience captivated the audience and brought the room to its feet. Moments later, she delivered a musical performance that did the same again. Few speakers can move an audience through both words and music the way she does — and our audience are still thinking about what she shared.

— *Emily Chalke, Director, Ella's*

STORRY's performance and talk at the Canadian High Commission was both powerful and thought-provoking. The audience was clearly impacted. People were engaged, reflective, and keen to keep the conversation going. It was a strong example of how such powerful personal stories can spark meaningful dialogue and awareness.

— *Simon Anderson,
Canadian High Commission, UK*

MEET STORRY.



STORRY is a keynote speaker, JUNO-nominated singer-songwriter, and filmmaker whose work explores power, resilience, and leadership through lived experience and art. Her perspective is shaped by years spent navigating coercive control, and the process of rebuilding agency from the ground up.

A finalist on The Voice UK, she has performed internationally and opened for artists including Sting and Tom Jones, with collaborations including Stormzy.

Her work focuses on how power actually operates beneath the surface - in relationships, culture, and leadership. Through her signature framework, The 5 Laws of Real Power™, she offers a grounded approach to influence, trust, and decision-making.

Blending storytelling, sharp insight, and live music, she creates experiences that shift perspective, challenge assumptions, and stay with audiences long after they've left the room.

KEYNOTES & WORKSHOPS

The 5 Laws of Real Power™: Rethinking Leadership in a World Addicted to Control

We've been sold a lie about power... that it means control. And the tighter we grip, the more things start to break - trust, creativity, performance. The 5 Laws of Real Power™ is a framework shaped by lived experience inside coercive control and the rebuilding of agency from the ground up. It reveals how power actually operates beneath the surface, and what it takes to lead in a way that strengthens people, culture and results.

Rewriting Your STORRY: Resilience, Identity & The Courage To begin Again

You're not stuck because of what happened. You're stuck in the meaning you made of it. This talk explores how identity is formed, how mental loops keep us trapped, and how to interrupt them. Through storytelling, insight and (optional) live music, it invites people to reclaim authorship, shift perspective, and begin again - with clarity, agency and self-trust.

Burnout, Boundaries & Being Human: Why High Performers Break

You can't climb a mountain with a broken leg, yet most people are doing just that. When people are expected to deliver more, respond faster and stay constantly available - while having less agency - things start to wear down. This talk explores what actually drives burnout, and what it takes to build both external and internal environments where people can perform, think and lead without breaking.

KEYNOTES & WORKSHOPS

Creativity for Change: Why We Miss The Best Ideas in the Room

Most organizations say they want innovation but few create the conditions for it. Creativity isn't a talent - it's a way of thinking. This work explores how thinking shifts under pressure, how it gets shut down and how to unlock it across teams. The result: better ideas, sharper thinking and solutions others can't see. In a world increasingly shaped by AI, the advantage is no longer just information - it's perspective. How you frame problems, what you question and where you're willing to look.

Own The Room: Voice, Body & The Art of Being Heard

You can say all the right things... and still not land it. Because power isn't just about the words you use, it's how you show up. This experiential session explores how voice, body and presence shape communication - informed by years on international stages as both a speaker and performer. It focuses on how to expand your voice, posture and conviction to land with clarity and impact - so you can fully own the room when it matters most.

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As a survivor, it is really inspiring to see STORRY own her story publicly. Her music is incredibly consoling and has given me hope in some very difficult times. STORRY has personally made time to have conversations with me at various points in my healing journey and is never too busy to engage with anyone.

— Anonymous Survivor at Ella's



HER STORRY.



A Star is Born

STORRY was born to Lebanese and Greek immigrant parents, raised between Toronto and Montreal in a turbulent home.



Love Turned Prison

While studying opera at the University of Toronto, STORRY was trafficked by her first so-called 'boyfriend,' cut off from music, community, and the world she loved.



Art in Hiding

When singing was impossible, she taught herself to paint. With oil on canvas, art became the only place she could still speak.



Escape and Awakening

She escaped and travelled to India for yoga teacher training. This became a turning point where she committed to telling her story through art, whatever it required.



Hustle Made This Happen With no label, no backing, and no safety net, she wrote, funded, and produced her first concept album. She also directed her own music videos, including *Up*, an award-winning claymation short film.



Juno-Nominated — Twice!

Chapter III: The Come Up was nominated alongside Céline Dion and Alanis Morissette. Her collaboration with Sly & Robbie also earned a nomination for Reggae Recording of the Year.



London in Lockdown

She moved to London mid-pandemic on a nearly empty flight. She spent four months in isolation, writing, grieving, and rebuilding.



The Voice — Finalist

She reached the finals of The Voice UK, performed with Stormzy, and toured with Sting and Tom Jones: proof of how power can be reignited within.



Rewriting the STORRY

She began speaking at universities and working with organizations like the Canadian Centre to End Human Trafficking, Ella's, and Choose Love, transforming trauma into tools for resilience, community, and change.



Global Stages She headlined her first UK tour, performed on international stages, and collaborated with brands like AllSaints, Michael Kors, and LinkedIn.

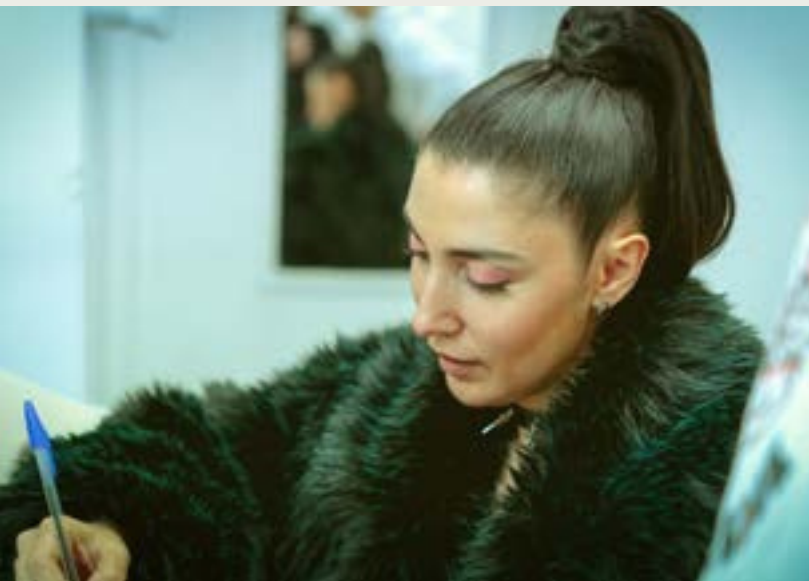


Run — Film & VR

She created Run, a conceptual album with a hybrid narrative-doc film and a groundbreaking VR experience that blends music, storytelling, and survivor-led advocacy in a way the world hadn't seen before.



More to Come Her story doesn't end here; it continues to evolve across music, film, activism, speaking, and immersive media. It continually returns to the question: how do people reclaim authorship and power over their own lives?



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STORRY was absolutely phenomenal to work with. At our youth symposium on human trafficking prevention, she shared her experience in a way that was both honest and deeply moving, while making the psychological exploitation easy to understand for a young audience. We received extensive positive feedback on her portion of the event and were grateful to work in partnership. —
Victim Services Toronto



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